

EYE SURGERY:- Anaesthetic INFORMATION

For Operations with Mr. Lee Eye Surgeon and Dr Downer Anaesthetist.

FOOD:

Guidelines for Patients having GENERAL anaesthesia

6 HOUR FAST for FOOD and MILK or Carbonated Fizzy drinks. (Avoid a heavy meal)

2 HOUR FAST for FLUIDS .

Clear fluids e.g. water, fruit juice/squash, tea or coffee with a little milk can be taken up to the two hours prior to surgery.

DIABETICS Please ask do phone Dr. Downer for advice prior to the operation. Her secretary's number is 01895 279238.

Guidelines for Patients having LOCAL anaesthesia

You may eat and drink as you would normally, avoiding a heavy meal in the two hours before surgery. It is especially important that your aren't desperate for a cup of tea while lying on the operating table. If you are diabetic please take your insulin or tablets and food as usual or contact Dr. Downer for advice.

SEDATION for Local Anaesthesia: Very light sedation to relax you, can be given prior to the insertion of the local block. You may bring in a CD or Tape to listen to during the operation.

CLOTHES: You should leave your underclothes on underneath the theatre gown alternatively you may feel more comfortable wearing your own night clothes or your own clothes, just minus your shirt or jumper.

DENTURES: May be Left in. However please do not have any dental treatment for 1 week prior to your surgery especially if you are under General Anaesthesia.

Make Up: Nail Varnish does not have to be removed, but please NO face or eye make up.

HEARING AID: Please wear your hearing aid when you come to the operating theatre. It can be removed just prior to the start of the operation or left in throughout, if it is in the ear on the opposite side to the eye surgery.

MEDICATION: Please take your tablets as usual. Please bring all medicines, including inhalers, into hospital.

Avoid Aspirin, Ibuprofen and Brufen for 1 week before the operation. Paracetamol if you need to take an analgesic before the operation This includes the 75mg baby aspirin. Your operation may be postponed otherwise. You may restart these immediately after the operation. If on Warfarin, INR needs to be done on day of surgery.

PREOPERATIVE INVESTIGATIONS

ECG

All patients over 60 years old. Other investigations are ordered as needed, but often a Full blood count is requested as well.

Should you have any questions relating to anaesthesia Dr. Jan DOWNER FRCA. would be happy to answer these and may be contacted at Hillingdon hospital 01895 279238 or via her bleep on the main hospital number 01895 238282.

Dr Jan Downer has worked with Mr. Lee for over 15 years both within the NHS at The Hillingdon Hospital and Privately.